



## VICARS MOOR LAWN TENNIS CLUB

Founded 1926

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[www.vicarsmoortc.co.uk](http://www.vicarsmoortc.co.uk)



## INTRODUCTION TO VICARS MOOR

Founded in 1926, Vicars Moor Lawn Tennis Club is a family focused club and is run on an entirely voluntary basis with all members encouraged to help out. We are A COMMUNITY AMATEUR SPORTS CLUB (CASC registration number: 05241) and received the tennismark accreditation from the LTA since 2012. We are also listed an Asset of Community Value by Enfield Council.

## WE WELCOME NEW MEMBERS

For many people their first visit to a tennis club might be a little daunting especially if they are new to the locality or to playing tennis. Whatever you desire as a tennis player, our club offers it all – from coaching at all levels and ages to team training and competitive match play against other clubs. Even if you just fancy some social tennis during the week or weekend followed by a drink in the bar, you will be warmly welcomed at Vicars Moor.

Some members are happier with a more structured environment to play and learn. To cater for this we provide weekly group sessions under the supervision of one of our coaches who will encourage and guide you depending upon the type of session(s) chosen. They include:

- Adult Beginners and 'Rusty Rackets'
- Adult Improvers
- Tactical and Technical training
- Cardio tennis
- Coffee morning, mixed tennis
- Munchkin pre-school tennis
- Junior clinics
- Plus a variety of holiday tennis camps and clinics throughout school holidays.

NB The sessions are subject to change from time to time so please refer to the notices displayed within the Clubhouse or on our website for current information.

For the experienced player seeking tennis in a more competitive environment, we enter a number of adult and junior teams in Middlesex League and cup tournaments over the summer and winter months. We also have very active social tennis to satisfy the demands of all standards of play.

Juniors are a very important part of our Club and our coaches run courses for all age groups from 'Munchkins' (the pre-school under 5's); Mini Tennis (5 to 7 year olds) and Juniors (aged 8 to 18). If you would like more information please speak to one of our coaches or visit our website.

Saturday morning is the best time to visit us if you would like to see the Club in operation or to speak to our members as we have a full range of activities taking place during this time.

## VISITORS ARE ALSO WELCOME

Visitors should obtain an introduction through a Club member or the approval of a member of the Club's General Committee or one of the Club's coaches before playing. The number of days a visitor may play in a year is limited to five and the fee payable per day or part of a day (however short) is £5 for adults and £1 for juniors.

The Club member introducing the visitor should put the fee in the post box on the steel gates at the entrance with the name of the member and guest. Members arranging matches which are not Club matches are responsible for payment of visitors' fees for the visiting player(s).

## INFORMATION ABOUT VMLTC WE HOPE YOU WILL FIND HELPFUL

### Playing Times

Every day 9.00 am – 10.00 pm when the floodlights have to be extinguished.

### Club Etiquette

When you use the club:

- All players must use appropriate tennis footwear and clothing when using the courts.
- Please leave the club tidy, both on court and in the clubhouse.
- If you have young children ensure they are appropriately supervised at all times.

### Adult Social Tennis

For the following sessions you just turn up and mix-in for doubles play.

- **Category A (full playing members):** Thursday evenings from 6.30 pm and Sunday mornings from 9.30 am to 12.30 pm are the most popular times. These can be busy sessions and all courts may be used with the exception of court No. 1 which is allocated to juniors (if they require it). Player selection for these sessions is random with the preferred method being decided by taking numbered balls from a bag (sometimes moderated by common sense).
- **Category F (beginner/improver members):** Monday evenings from 7pm (as well as the structured coaching clinics on a Saturday morning from 10-11.30am and Monday evening 7pm and 8pm).
- **Category B (mid-week members):** (Also open to Category A & F members): Tuesday mornings from 9.00am on four courts (coffee and biscuits usually supplied by those participating in the session).

### Junior Tennis

- **Category C (Junior members aged 8 to 18 incl.):** The main coaching sessions take place on Tuesday afternoons from 4.00pm, but there are also coaching sessions on Monday from 4pm. In addition to group coaching unsupervised mix-in play is available for responsible juniors on some other courts on Tuesdays not used for coaching. Junior play takes priority over Adult play on a Tuesday night.
- On all days at least one court (court number 1) is available for junior play or coaching at all times up to 8pm.
- **Mini-tennis players (5 to 7 year olds) and 'Munchkins' (pre-school) tennis:** There are a number of sessions and courses provided for these age groups on Saturday, Monday,

Tuesday and Friday in most weeks of the year, the Head Coach will be happy to supply you with details of courses appropriate to age and ability.

- Junior matches are played during the summer season home and away against other clubs.
- Junior camps are organized by the coaches on days falling within school holidays providing tennis and other fun activities for all children. Children may book for the whole or just half a day. If camps are busy priority is given to a Vicars Moor Mini Tennis / Munchkin player or Junior member.

### **Coach Supervised Tennis Sessions for Adults**

- Beginner/improver group coaching sessions take place on Saturday mornings 10.15am to 11.45am (Improvers), Monday evenings at 7.30 to 8.30pm (Improvers) and 8.30 to 9.30pm Monday evenings (Rusty rackets / Beginners).
- Cardio tennis sessions from 12 to 1pm on Saturdays. This is a vigorous workout incorporating elements of tennis and fitness work.
- Monday morning social clinic 9.30 to 11am incorporating tennis drills, tactics, match play and fitness work.
- Friday morning Beginner and Rusty racket clinic 9.30 to 10.30am.

Please note these sessions are subject to a small supplementary fee payable to the coach in addition to the membership subscription.

### **General Coaching**

- If you are interested in receiving individual or group coaching please speak to the Head Coach, Paul Rock who will be pleased to help you. He has a team of coaches to cater for all standards / objectives.
- All coaches permitted to use the Club facilities are suitably qualified and CRB checked and their relevant details are displayed on our website and on the notice board in the Clubhouse.
- The coaching fees are a matter of agreement between the coach and the pupil. Where coaching takes place under floodlights the pupil should please accept responsibility for purchasing the required number of tokens required to operate the floodlights.
- Visitors are permitted to have coaching at the club a maximum of five times in a year, and after that it is necessary to join the club to continue having coaching. Visitor fees for non-members who are having coaching are as following: Adults (19 and over) £5, and for Juniors (5 to 18 inclusive) £1. The supplementary fee is not charged to children under 5 years or for those attending one of the regular coaching camps held throughout the year.

### **Matches**

The Club enters several men's and ladies teams in the Middlesex Summer League. These matches require three courts on selected Monday, Wednesday and Friday evenings from 6.30 pm from the end of April to the beginning of August. Winter League Matches require two courts on the same evenings from September to March. Summer Aegon League matches, Junior matches and Veterans and Cup matches are mainly played on either Saturday or Sunday afternoons. The bar is usually open during matches and spectators are welcome. Team selection is available to Club members.

## **Club Tournaments**

- American Style Tournaments take place on afternoons on most Bank Holiday Mondays at a minimal cost. Entry is open to Category A, AJ and F members. There is no need to book a place, just turn up at the specified start time.
- The Annual Club Championships for senior and qualifying junior members take place during September with the qualifying rounds being held on the first three weekends and the finals on the Saturday of the next following weekend. All members are encouraged to take part.
- The Annual Club Junior Championships takes place in June / July with the finals taking place on a Saturday and Sunday.
- Age restricted (Secretary's Cup) and handicap tournaments (Captains' Cup) are also arranged during the season.
- Open Doubles Tournament - the Club's open tournament for invited guest players takes place typically over a weekend in July when all courts are required for the tournament. There are prizes and trophies to be won. Visitors and club members are welcome as spectators and also to enjoy the BBQ and refreshments over the weekend.
- Box league / ladder singles competitions during the year.

## **Fixed Games**

Outside the times allocated for Social Tennis and "Bookable Courts" members are free to make up their own games on available courts. On the rare occasion that another four is waiting to play and no other courts are available, the game ends at the end of the set and the four waiting take their place. Outside of "court booking slots" doubles take precedence to singles. Single play in progress ends at the close of the game currently in progress if a 'four' is waiting to play.

## **Bookable Courts**

For evening sessions on a Monday, Tuesday, Wednesday and Friday, and the weekend afternoons, certain courts are bookable. Sessions may be booked no more than seven days in advance. We operate an online court booking system – the tennis club captains can help get you a login.

## **Floodlight Play**

Floodlights are operated by tokens – the use of floodlights are included are part of your membership subscription (no extra cost). Tokens are kept in the red box to be found either on the table immediately outside the internal door to the Bar or within the Bar. Two tokens should provide one hour's worth of lighting on the single courts and four tokens should provide a similar time on paired courts.

If the warning light attached to the floodlight column comes on you have approximately four minutes within which to feed the meter. Please be aware that once the floodlights go off they have a cooling down period and will not come on for at least another 15 minutes.

## **Balls**

We have found the easiest solution is for members to provide their own balls (in good playing condition please) for social tennis and fixed games. New and good ex-match balls in tubes containing four balls can be purchased from the Bar at reasonable cost.

## **Parking and Access to the Club**

We have limited parking space in the Vicars Moor drive leading in to the tennis club, therefore we would ask that club members and parents kindly consider the residents who garages are located in the drive way. Please do not park outside the flats as this is their private parking space.

We would be grateful if car owners could park in the street where possible to avoid congestion in the driveway especially during busy times on Junior night, in the evenings and Saturday mornings.

Members can be provided with the code to the front gate and details on how to access the clubhouse. For further details on this please speak to the Membership Secretary.

## **Social Events and the Bar**

The club holds a number of social events throughout the year to which all members are welcome (including an annual dinner/dance, quiz nights, poker evenings, BBQs, children's Halloween and Fireworks parties etc.). Details are displayed in the clubhouse and on the Club's website nearer to the time of the event. As a member you will receive regular emails informing you of these and tennis related events.

The Club has the benefit of an attractive bar with a darts area serving draught beers and lagers and a wide range of wines and spirits which is open most weekday evenings and Sunday lunchtimes when tennis or club social activities are taking place.

## **British Tennis Membership**

We would like to encourage ALL our members who are not yet registered to sign up as a British Tennis Member ("BTM") with the LTA. As a member of Vicars Moor it is FREE and it is a very quick process to get a membership number. As a member you will receive monthly newsletters from the LTA and entry into the Wimbledon ballot. Team players and Juniors will also get a rating.

Signing players up to BTM is very easy - Phone (0208 4877000) or Online visit: [www.lta.org.uk/Members/Join/](http://www.lta.org.uk/Members/Join/)

When you are asked your LTA registered "Place to Play" please insert Vicars Moor LTC (which should appear as you start typing it). By having all our members signed up we will also increase our allocation of Wimbledon tickets in the forthcoming year.

**A copy of the formal Club Rules is displayed on the clubhouse notice board and our website. Please remember to speak to any of the contacts on the back page directly if you need any further assistance!**

# ***Welcome to Vicars Moor LTC!***

### ***Note on Liability***

*Members, non-members and their guests use the courts, club grounds and buildings at their own risk. Vicars Moor LTC shall not be liable for any injury sustained whilst using the club, loss of any personal items or any other circumstances out of its control. Parents/carers of Juniors, Mini Tennis and Munchkins players are responsible for ensuring that children observe the Club Rules. The Club accepts no liability for loss or injury howsoever caused save in the case of negligence or default by the Club. The Club provides facilities and coaching services, neither of which constitute the provision of supervisory services for those under 16 years of age. Parents and carers of under 16 members shall at all times accept responsibility for ensuring observance of the Club Rules by those members, and shall satisfy themselves as to adequate supervision of under 16s.*

## SUBSCRIPTIONS

Our subscriptions for the season 1<sup>st</sup> April 2018 to the 31<sup>st</sup> March 2019 for the various categories of membership we operate are detailed below.

Category	Description	Subscription
A	Full Playing Adult Member: (25 and over as at 1.04.18)	£270
AU25	(19 to 24 as at 31.03.18)	£100
B	Weekday Member (Monday to Friday until 6pm)	£155
C	Junior Member (8 to 18 as at 31.03.18)	£70
D	Social Member  (non-playing adult)	£25
F	Adult Beginner/Improver	£190

For youngsters aged 5, 6 & 7 as at 31.03.18 who wish to participate in coaching and other applicable junior events you must complete the **Mini Tennis** Participation form and make an annual payment of **£30 (£25 if renew by 31.3.18)** to the Club in addition to the coaching fees.

**Family Discount:** The junior subscription of children where both parents are either category A or F members shall be reduced by 50%.

**Played Up Junior:** A junior who in the opinion of the Club's General Committee shows maturity and proven playing ability may play as if he or she were a Full Playing Adult Member and the Junior subscription shall be increased to **£100 (£90 if renew by 31.3.18)** to which the Family Discount applies (Category AJ).

## Main Club Contacts

[www.vicarsmoorlfc.co.uk](http://www.vicarsmoorlfc.co.uk)

Chairman:	Matthew Robinson	m. 07796 178 100 Email: <a href="mailto:matthew.robinson@icgplc.com">matthew.robinson@icgplc.com</a>
Head Coach:	Paul Rock	m. 07961 282 347 Email: <a href="mailto:rockyafc@hotmail.com">rockyafc@hotmail.com</a>
Men's Captain:	Alec Zetter	m. 07769 288454 Email: <a href="mailto:alec@zeterspolitical.com">alec@zeterspolitical.com</a>
Ladies Captain:	Jo Woodward	m. 07949 179 853 Email: <a href="mailto:bthjoanne@aol.com">bthjoanne@aol.com</a>
Membership Secretary:	Tony Lancelott	m. 07962 895395 Email: <a href="mailto:tonylancelott@aol.com">tonylancelott@aol.com</a>
Child Protection Officer:	Angela Smith	m. 07703 189480 Email: <a href="mailto:ange188@hotmail.co.uk">ange188@hotmail.co.uk</a>
Qualified First Aider:	Paul Rock	m. 07961 282 347 Email: <a href="mailto:rockyafc@hotmail.com">rockyafc@hotmail.com</a>

